



MAY | 2017

WEST HOLMES MIDDLE SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Cook's Choice Fruit/Juice/Milk Chicken-n-Waffles or Chicken Nuggets Mashed Pot w/Gravy Green Beans Fruit & Milk	2 Cook's Choice Fruit/Juice/Milk Soft Taco or Taco Pizza Lettuce/Tomato/Cheese Chips & Salsa Carrots & Dip Fruit & Milk	3 Cook's Choice Fruit/Juice/Milk Yumasetti Side Salad w/Breadstick Or Salad Bar w/Meat Pepperoni Breadstick Fruit & Milk	4 Cook's Choice Fruit/Juice/Milk Corn Dog or Cheeseburger Onion Rings Broccoli Fruit & Milk	5 Cook's Choice Fruit/Juice/Milk Stuffed Crust Pizza or Pizza Stick w/Marinara Caesar Salad Corn Fruit & Milk
8 Cook's Choice Fruit/Juice/Milk BBQ Pulled Pork or Fish Sandwich Onion Rings Coleslaw Fruit & Milk	9 Cook's Choice Fruit/Juice/Milk Walking Taco or Quesadilla Refried Bean Dip w/Chips Carrots & Dip Fruit & Milk	10 Cook's Choice Fruit/Juice/Milk General Tso's w/Rice WG Roll or Deli Sub Baked Fries California Blend Fruit & Milk	11 Cook's Choice Fruit/Juice/Milk French Toast Sticks Sausage Patty/Hash Brown or Chicken Philly Sand-Pasta Salad/Carrot Fruit & Milk	12 Cook's Choice Fruit/Juice/Milk Pepperoni Pizza or French Bread Pizza Spinach Salad Cooked Carrots Fruit & Milk
15 Cook's Choice Fruit/Juice/Milk Ranch Chicken Wrap or Meatball Sub Onion Rings Broccoli Fruit & Milk	16 Cook's Choice Fruit/Juice/Milk Chicken or Beef Soft Taco Salsa & chips Pepper Strips Fruit & Milk	17 Cook's Choice Fruit/Juice/Milk Cheeseburger or Hot Dog Baked Fries Baked Beans Fruit & Milk	18 Cook's Choice Fruit/Juice/Milk Tomato Soup w/ Grilled Cheese or Calzone Side Salad Carrots w/Dip Fruit & Milk	19 Cook's Choice Fruit/Juice/Milk Stuffed Crust Pizza or Pizza Sticks w/Marinara Caesar Salad Corn Fruit & Milk
22 Cook's Choice Fruit/Juice/Milk General Tso's w/Rice WG Roll or Chicken Patty Baked Fries Oriental Blend Celery Sticks Fruit & Milk	23 Cook's Choice Fruit/Juice/Milk Walking Taco or Quesadilla Refried Bean Dip w/Chips Carrots & Dip Fruit & Milk	24 Cook's Choice Fruit/Juice/Milk COOK'S CHOICE	25 Cook's Choice Fruit/Juice/Milk COOK'S CHOICE	26 Cook's Choice Fruit/Juice/Milk SACK LUNCH FUN-N-STUFF HAVE A GREAT DAY!
29 MEMORIAL DAY!	30	31 HAVE A GREAT SUMMER!		

News

Wishing you all a Happy
and Fun Summer!

Make sure you DRINK
plenty of FLUIDS when
playing in the HOT SUN!

Breakfast Served Daily
for ONLY \$1.00
Reduced \$0.20

LUNCH - \$2.50
REDUCED - \$0.40

Milk Served Each Day:

1% White
Fat Free Flavored.

Yogurt or Peanut Butter
Lunch Daily with Fruit,
Veg., Grain and Milk.

This Institution is an
Equal Opportunity
Provider.