



MAY | 2017

WEST HOLMES HIGH SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Cereal/Crackers Fruit/Juice/Milk Cream Chicken over Biscuits/Mashed Pot. Or Salad Bar Broccoli w/Dip Fruit & Milk	2 Uncrustable/Cheesestick Fruit/Juice/Milk BBQ Pulled Pork Sand. Or Meatball Sub Baked Fries Celery & Dip Fruit & Milk	3 Flapstick Fruit/Juice/Milk Taco Pizza Salsa & Chips or French Toast Sticks/Sausage Patty/Hash brown Carrots & Dip Fruit & Milk	4 Muffin/Cheesestick Fruit/Juice/Milk Hot Ham & Cheese or Chicken Patty Sand. Baked Beans Caesar Salad Fruit & Milk	5 Waffles/Cheesestick Fruit/Juice/Milk Chicken Parm or Pep Pizza Green Beans Salad Fruit & Milk
8 Breakfast Bar/Crackers Fruit/Juice/Milk Hot Dog/Coney or Salad Bar w/Breadstick Tater Tots Salad Fruit & Milk	9 Cereal/Cheesestick Fruit/Juice/Milk Walking Taco or Pizza Sticks Black beans/Corn Carrots & Dip Fruit & Milk	10 Egg Patty/Crackers Fruit/Juice/Milk Spaghetti & Meatballs or BBQ Rib Sand. Onion Rings/Salad Broc & dip Fruit & Milk	11 Superbun/Cheesestick Fruit/Juice/Milk Pulled Pork Baked Pot Bar or Cheeseburger Baked Fries Celery & Dip Fruit & Milk	12 Uncrustable/Cheesestick Fruit/Juice/Milk General Tso's w/ Breadstick or Chicken Ranch Wrap Broccoli Fruit & Milk
15 Muffins/Crackers Fruit/Juice/Milk Cream Chicken Sand. Ranch Wedges or Salad Bar w/Meat/ Breadstick Broccoli & Dip Fruit & Milk	16 Waffles/Cheesestick Fruit/Juice/Milk Chicken or Beef Soft Taco Lettuce/Tomato Refried Bean Dip & Chips Fruit & Milk	17 Breakfast Bar/Crackers Fruit/Juice/Milk Chicken Bowl WG Roll or Calzone Corn Carrots & Dip Fruit & Milk	18 Uncrustable/Cheesestick Fruit/Juice/Milk Meatball Sub or Hot Ham & Cheese Sand. Green Beans 7 Layer Salad Fruit & Milk	19 Egg Patty/Crackers Fruit/Juice/Milk Stuffed Crust Pizza Both Sides Corn Carrots & Dip Fruit & Milk
22 Cook's Choice Fruit/Juice/Milk Sweet & Sour Chicken w/Rice or Chicken Nuggets w/Fries/Breadstick Broccoli Celery & Dip Fruit & Milk	23 Cook's Choice Fruit/Juice/Milk Chicken Patty Sandwich or Cheeseburger Green Beans Carrots & Dip Fruit & Milk	24 Cook's Choice Fruit/Juice/Milk COOK'S CHOICE	25 Cook's Choice Fruit/Juice/Milk COOK'S CHOICE	26 Cook's Choice Fruit/Juice/Milk COOK'S CHOICE
29 MEMORIAL DAY!	30	31 HAVE A GREAT SUMMER!		

News

Wishing you all a Happy
and Fun Summer!

Make sure you DRINK
plenty of FLUIDS when
playing in the HOT SUN!

Breakfast Served Daily
for ONLY \$1.00
Reduced \$0.20

LUNCH - \$2.75
REDUCED - \$0.40

Milk Served Each Day:

1% White
Fat Free Flavored.

Yogurt or Peanut Butter
Lunch Daily with Fruit,
Veg., Grain and Milk.

This Institution is an
Equal Opportunity
Provider.